



COACHES

LSU track and field ushered in a new era on July 22, 2004, with the announcement of Dennis Shaver as the program's head coach.

Shaver, who spent nine years as an assistant on the LSU staff, now oversees the direction of both the men's and women's programs, while concentrating his work with the Tiger and Lady Tiger sprinters and hurdlers.



Dennis Shaver

Head Coach • Third Season • 12th Season at LSU • Texas-Arlington, 1979

Dennis Shaver begins his third season as the head track and field coach at LSU after spending nine years as an assistant on the Tigers' staff. Shaver, who took over the reigns in July 2004, oversees the direction of both the men's and women's programs, while concentrating his efforts with the Tiger and Lady Tiger sprinters and hurdlers.

Widely regarded as one of the premier sprint coaches in all of track and field, Shaver has enjoyed 11 tremendously successful years with the LSU program. During his time in Baton Rouge, Shaver has directed 26 individual NCAA champions and 13 national champion relay teams, while guiding his athletes to a total of 182 All-America awards.

Shaver enjoyed great success in just his second season as the Tigers' head coach as he guided the men's team to a pair of national runner-up finishes at the NCAA Indoor and Outdoor Championships a year ago, while the youthful women's team earned a pair of seventh-place showings at the NCAA Championships.

Under Shaver's watchful eye, former LSU great Xavier Carter won four

individual national titles at the NCAA Outdoor Championships in 2006, becoming the first collegiate athlete since Ohio State's Jesse Owens in 1935 and 1936 to win four NCAA titles at a single national meet. Carter claimed championships in the 100 meters, 400 meters, 4x100-meter relay and 4x400-meter relay, and finished his brief two-year career with an incredible seven individual national championships and 10 All-America honors.

Sprint sensation Kelly Willie also capped a stellar career in 2006 by leading the Tigers to three relay national titles while earning a total of five All-America honors in his senior season. Under Shaver's tutelage, Willie finished his four-year career in Baton Rouge as the most decorated athlete in the history of LSU men's track and field, tying Carter with a school record seven individual national titles and an LSU best 19 All-America honors.

LSU's men's and women's relay teams proved to be an unbeatable force throughout the 2006 season, sweeping 4x400 national titles at the NCAA Championships during the indoor and outdoor seasons and the men claiming a

national championship in the 4x100 at the outdoor meet. In all, 12 of Shaver's athletes won individual national titles in eight different events in addition to a total of 23 All-America honors in 2006.

In his first season at the helm, Shaver led his teams to a pair of Top-10 national finishes and a total of 14 All-America honors. The season was capped by an exceptional effort at the NCAA Outdoor Championships that resulted in a new collegiate record and national title in the men's 4x400-meter relay.

Under Shaver's tutelage, the Tiger foursome of Reggie Dardar, Kelly Willie, Bennie Brazell and Xavier Carter clocked a lightning-fast 2:59.59 in shattering the 17-year-old record. The NCAA title catapulted the Tigers to a third-place finish in the final team standings, an effort that was assisted by national runner-up efforts by Bennie Brazell and Xavier Carter in the 400 hurdles and the 200 meters, respectively.

During the indoor season, the women's squad shined at the NCAA Championships, recording a sixth-place team finish. Seniors Hazelann Regis and Neisha Bernard-Thomas were the cornerstone of the Lady Tigers' efforts,



“Dennis Shaver was instrumental in building and shaping this national championship program at LSU, and his leadership abilities and coaching experience are the tools that will carry on the LSU championship tradition. He is well-respected in the track and field community for his work ethic and his ability to relate to his student-athletes. I know he will be successful in his transition to head coach of the Tigers.”

- Skip Bertman, LSU Director of Athletics

earning runner-up honors in the 400 meters and 800 meters, respectively, while also anchoring the 4x400-meter relay squad to another All-America honor.

The 2004 season proved to be another remarkable year for athletes under Shaver’s tutelage as sprint sensation Muna Lee became just the fourth athlete in NCAA history, and the first Lady Tiger to win back-to-back titles in the 60-meter dash. Under Shaver’s watch, Lee then anchored the Lady Tigers to their third straight NCAA title in the 4x100 relay as the foursome of Neisha Bernard-Thomas, Hazelann Regis, Monique Hall and Nadia Davy captured the national title with a new collegiate meet record time in the 4x400 relay. The 4x100, 4x200 and 4x400-meter relays have all set NCAA records during Shaver’s tenure at LSU.

After the conclusion of the NCAA Championships, Shaver focused on the training of his athletes for the Olympic Trials, where a total of six LSU athletes made their respective Olympic teams and competed in the 2004 Olympic Games in Athens, Greece.

Shaver coached Lee to a sweep of the 60-meter and 200-meter dash titles at

the NCAA Indoor Championships in 2003 en route to shattering the 21-year-old collegiate record in the 200 meters. In addition, hurdler Lolo Jones was crowned the NCAA champion in the 60-meter hurdles.

Shaver also guided the Lady Tigers to their second 4x100 relay title at the NCAA Outdoor Championships in three years, while leading Lee to runner-up honors in both the 100-meter and 200-meter dashes. Not to be overlooked was the performance of Davy as she finished a very close third in the 400 meters with a time of 50.66.

In addition, LSU dominated the sprints at the prestigious Penn Relays, winning the 4x100, 4x200, sprint medley and shuttle hurdle relay titles. The Lady Tigers’ 4x200 team also became the first and only women’s relay team to ever clock a sub-1:30.00 performance in the event. The collegiate record time of 1:29.78 still ranks as the third-fastest time ever recorded in the world.

In 2002, Shaver guided Lee to the first individual NCAA title of her career as she captured the indoor 200-meter crown, breaking the NCAA meet record

previously held by former Lady Tiger Peta-Gaye Dowdie. Sprinter Stephanie Durst and hurdler Lolo Jones also made considerable improvements throughout the year. Improving her 200-meter time by nearly a full second, Durst captured the SEC title as well as a third-place finish at the NCAA meet, while Jones just missed her first NCAA crown as she finished second in the 100-meter hurdles at the outdoor nationals. In all, the Lady Tigers sprinters accounted for 12 All-America accolades and seven SEC titles over the course of the season.

Shaver developed a young and inexperienced sprinting corps into one of the hottest up-and-coming groups in the nation in 2001. Lee exploded onto the scene and became only the second freshman to ever sweep the sprint titles at the SEC Outdoor Championships and only the second freshman to ever win the 100-meter dash at the prestigious Penn Relays. Lee went on to post a trio of top-five finishes in the individual competition at the NCAA Championships and anchored the Lady Tigers to their third NCAA 4x100-meter relay title in six years under Shaver.

In 2000, he guided Dowdie to the NCAA title in the 200 meters, as well as runner-up honors in both the 60-meter and 100-meter sprints. Dowdie finished her career as a 19-time All-American in four years under Shaver, which is the second-highest total of any woman in LSU history. Shaver also coached Joyce Bates to her second individual national title that same year as she won the 100-meter hurdles to become the third different Lady Tiger to win an NCAA title in the event under Shaver's guidance.

Shaver joined the LSU staff in August 1995 after serving four seasons as an assistant coach at Auburn where he designed training programs for the Tigers' field and multi-event athletes.

Prior to his tenure at Auburn, Shaver served as head coach for both the men's and women's track and field programs at Barton County Community College in Great Bend, Kan. His men's and women's teams captured all 12 of the conference's indoor and outdoor titles in his six seasons at Barton.

He also led the Barton women's team to eight national championships, including three indoor, three outdoor and two cross country crowns. During the 1990-91 season, Shaver's women's team captured the first "National Triple Crown" in junior college history, winning the cross country, indoor track and outdoor track titles in that seasons.

Shaver has earned national recognition for his many accomplishments throughout his coaching career. In 2003, he was recognized by his peers as the first USTCA Assistant Coach of the Year for Women's Sprints/Hurdles. In addition, he has received seven National Coach of the Year awards, six Kansas Collegiate Coach of the Year honors and 12 Regional Coach of the Year awards.

Shaver is certified as a Level I, II and Master Coach by USA Track and Field and is a regular instructor for the USATF Coaches Education curriculum of the sprint and hurdle events.

A native of Salina, Kansas, Shaver earned a Bachelor of Arts degree in physical education from the University of Texas at Arlington in 1979. In 1981, he added a master's degree in education with an emphasis on administration from Stephen F. Austin State University. Shaver and his wife, Connie, have two children, Dale (23) and Lindsay (20), who finished her sophomore year at LSU last year with academic honors before transferring to Southeastern Louisiana University to pursue a degree in neonatal intensive care nursing.

THE SHAVER FILE

Coaching Experience (24 years)

LSU	
• Head Track and Field Coach	2004-Present
• Assistant Track and Field Coach	1995-04
Auburn	
• Assistant Track and Field Coach	1992-95
Barton (Kan.) County CC	
• Head Track and Field Coach	1985-91
Hutchinson (Kan.) CC	
• Head Track and Field Coach	1982-85
• Asst. Football Coach	1982-85
• Asst. Track and Field Coach	1981-82
• Asst. Football Coach	1981-82

Records and Achievements at LSU

- 12 Olympians
- 3 Olympic Medalists
- 19 Individual NCAA Champions who have won 26 NCAA titles
- 13 National Champion Relay Teams
- Collegiate Relay Records

• 4x100 Women	42.55
• 4x200 Women	1:29.78
• 4x400 Women	3:25.26 (Meet Record)
• 4x400 Men	2:59.59
- 182 All-America Honors
- 23 Individual SEC Champions who have won 53 SEC titles
- 19 SEC Champion Relay Teams
- 2003 USTCA Assistant Coach of the Year

Achievements Prior to LSU

- 8 NJCAA National Championships
- Coached Barton County CC to first-ever NJCAA "Triple Crown," winning the cross country, indoor and outdoor national titles during the 1990-91 season.
- 12 Jayhawk Community College Conference Championships
- 7 National Coach of the Year Awards
- 12 Regional Coach of the Year Awards
- 6 Kansas Collegiate Coach of the Year Awards



Mark Elliott

Assistant Head Coach • 14th Season • LSU, 1991



A fixture at LSU for more than a decade, first as an athlete and now as a coach, Mark Elliott begins his 14th season at LSU and his second as an assistant head coach working with LSU's distance corps and cross country teams in the fall.

During his tenure at LSU, Elliott has been responsible for several standout distance runners at both the collegiate and international level, including David Kiptoo, Joseph Tengalei and Passmore Furusa. Kiptoo finished sixth in the men's 800-meter final at the 1996 Olympic Games in Atlanta, while Tengalei was ranked fifth in the world in the 800 meters in 1995. Furusa went on to earn All-America honors five times while competing for the Tigers.

In 2005, athletes under Elliott's watch continued to excel as he coached former Lady Tiger half-milers Marian Burnett (Guyana) and Neisha Bernard-Thomas (Grenada) to berths at the IAAF World Championships, a meet where he also served as an assistant coach for the Grenada team. In addition, he guided the efforts of sophomore Tanya Osbourne, who was the only collegiate athlete to advance to the 800-meter finals at the USA Championships.

At the Olympic Games in Athens in 2004, Elliott served as the head coach for the Guyana track and field team where he helped Burnett to a berth in the semifinals of the women's 800 meters.

In addition, Elliott has tutored Bernard-Thomas and Jeffrey Fisher to exceptional careers. Bernard-Thomas, the school record holder in the 800 meters, won the 2004 NCAA outdoor title, finished second at the 2005 indoor championships and was first at the Central American and Caribbean Championships in 2003. Under Elliott's tutelage, Fisher shattered a school record of his own, setting the Tigers' indoor 800-meter mark (1:48.98) at the 2003 SEC Championships. He went on to qualify for the 2005 USA Championships.

In 2002, Elliott guided Burnett to an NCAA title as she took home the 800-meter crown with an impressive time of 2:05.16 at the indoor meet. That same season Burnett recorded a new personal-best in the event posting a blistering mark of 2:01.71 while competing in Zagreb.

In 2000, Elliott helped Likhaya Dayile become the first man since Furusa in 1994 to qualify for the NCAA Cross Country Championships. Elliott also guided LSU's men's cross country team to a fourth-place finish at the SEC Championships, marking the Tigers' best finish at the event since a second-place showing in 1989 when Elliott himself donned the purple and gold. That same year Susanne Strunz developed into one of the nation's premier 3,000-meter steeplechase threats, finishing second in the event at the SEC Championships and later qualifying for the NCAA Outdoor Championships.

Dayile and Strunz were not the first athletes to achieve success under Elliott's tutelage. In the mid-1990s, he helped transform former Lady Tiger Charlotte Mayock into one of the nation's top distance runners when she became the first Lady Tiger to earn All-America honors in a distance more than 1,000 meters, placing seventh in the mile at the 1997 NCAA Indoor Championships. Mayock later advanced to the finals in the 3,000 meters at the 1997 NCAA Outdoor Championships and again qualified for the finals in the mile at the 1998 NCAA Indoor Championships.

In the fall of 1996, Elliott helped direct Mayock to the NCAA Cross Country Championships as she became the first Lady Tiger to accomplish such a feat. That same season, his women's team placed fifth at the SEC Cross Country Championships, marking the Lady Tigers' best ever finish at that event.



THE ELLIOTT FILE

Coaching Experience

LSU

- Assistant Head Track and Field Coach 2005-Present
- Assistant Track and Field Coach 1994-2005

Athletic Experience

- Four-time NCAA All-American
- Two-time SEC Champion
- 14-time Junior College All-American at Blinn JC
- A member of four consecutive outdoor national championship teams (two at LSU in the NCAAs and two at Blinn JC in the NJCAAs)

Records and Achievements at LSU

- 3 NCAA Champions
- 4 SEC Champions that have won 5 SEC titles
- Has coached athletes to nine current LSU records
- Served as head track and field coach for Guyana at the 2004 Olympic Games
- Served as an assistant coach for Grenada at the 2005 World Championships

A 1991 graduate of LSU, Elliott brings to the table a wealth of personal experience. A four-time NCAA All-American while competing for the Tigers, Elliott was a member of four consecutive national outdoor championship teams (two at LSU in the NCAAs and two at Blinn College in the NJCAAs).

Individually, Elliott earned runner-up honors in the 3,000 meters at the 1989 NCAA Indoor Championships and was a top-five finisher on three different occasions in a variety of other distance events, including the 5,000 and 10,000-meter races. At the conference level, Elliott won the 1989 SEC Championship in the 10,000 meters, as well as the 1990 SEC Indoor crown in the 5,000 meters. Prior to his career at LSU, Elliott was a 14-time junior college All-American at Blinn College in Brenham, Texas.

A native of Spanish Town, Jamaica, Elliott earned his bachelor of science degree from LSU in 1991 and his associate of arts degree from Blinn College in 1988. Elliott later added a master's degree in kinesiology to his resume in August of 2000. Born October 21, 1966, in Kingston, Jamaica, Elliott is the father of two children, Breanna and Ashley.

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Irving "Boo" Schexnayder

Assistant Coach • 12th Season • Nicholls State, 1983

Irving "Boo" Schexnayder begins his 12th season as the jumps and multi-event coach at LSU. The South Louisiana native arrived in Baton Rouge in 1995 after spending three years as a valuable member of the University of Southwestern Louisiana (now Louisiana-Lafayette) coaching staff.

Schexnayder, who is regarded as one of the nation's premier field event coaches, has been the mastermind behind 19 individual NCAA titles secured by 10 different athletes during his tenure in Baton Rouge. Also a prominent figure on the international scene, Schexnayder most recently guided the efforts of United States and World Triple Jump Champion, Walter Davis, in 2005 and 2006. He also served as an assistant coach for Team USA at the IAAF World Junior Championships in Beijing, China, this summer.

At the collegiate level, 2004 was a year of unprecedented success for athletes under Schexnayder's watch as his jumpers combined to win three individual NCAA titles and earn 12 All-America honors. Schexnayder guided the efforts of SEC Field Athlete of the Year, John Moffitt, who swept the NCAA Indoor and Outdoor long jump titles before winning a silver medal in the event for Team USA at the 2004 Olympic Games.

In addition, Schexnayder's athletes were the catalyst for the Tigers' indoor national championship run as the trio of LeJuan Simon, Moffitt and Willie Bradley went 1-2-3 in the triple jump, just one day after Moffitt and Simon finished first and eighth, respectively, in the long jump.

Schexnayder's athletes earned All-America honors six times during the 2003 season, a year in which he was also selected to serve as the Jumps/Multis coach for Team USA at the Pan Am Games in Santo Domingo, Dominican Republic.

In 2002, he guided Olympian Walter Davis to one of the finest careers in the history of LSU track and field. Named the 2002 SEC Male Athlete of the Year, Davis won both the NCAA Indoor and Outdoor national titles in the triple jump in 2001 and 2002. Davis then added the 2002 NCAA Outdoor long jump title to his already impressive resume, bringing his national championship and All-America counts to five and nine, respectively, under Schexnayder's tutelage.

Davis wasn't the only athlete to flourish under Schexnayder's supervision in 2002 as Nicole Toney and Claston Bernard each won national championships of their own with Toney taking home gold in the triple jump at the NCAA Indoor Championships and Bernard winning the decathlon at the NCAA Outdoor Championships.

In 2000, Schexnayder boasted two NCAA champions in Russ Buller and Keisha Spencer. Buller put together a tremendous season by winning the SEC and NCAA Indoor and Outdoor titles, the Penn and Texas Relays and the USTCA National Championship in the pole vault, while Spencer won the SEC and NCAA Indoor and Outdoor titles in the triple jump. Spencer later won the Honda Award, recognizing her as the premier women's collegiate athlete in the sport of track and field.

Schexnayder helped LeVar Anderson to a national championship in the triple jump as he took first place at the NCAA Outdoor meet in 1999. Prior to Anderson's success, Schexnayder assisted as Lady Tiger Suzette Lee shattered the NCAA record in the triple jump and captured outdoor national titles in both 1996 and 1997. Lee also won the NCAA Indoor triple jump title in 1997.

In all, Schexnayder has been responsible for at least one national champion in seven of his 11 seasons at LSU, while he has also guided

the efforts of 57 All-American athletes during his tenure with the Tigers.

Prior to arriving at LSU, Schexnayder served on the track and field staff at USL from 1993-95 where he oversaw the jumps, multi-event athletes and the women's weight events. During his three-year stint in Lafayette, the Cajuns won five Sun Belt Conference team titles on the men's side (three outdoor, two indoor) and one outdoor conference title on the women's side.

While also serving on the Cajuns' staff, Schexnayder helped Ndabe Mdhlongwa become just the second athlete in USL history to ever win a national championship as he topped the triple jump field at the 1995 NCAA Outdoor Championships.

Schexnayder got his start in collegiate athletics in 1992 when he served one year as the field events coach at Blinn College in Brenham, Texas. From the very beginning, his athletes were champions as Blinn College won both the NJCAA indoor and outdoor team national championships the one year Schexnayder was on staff. Before joining the college ranks, Schexnayder served as the track and cross country coach at St. James (La.) High School for eight seasons.

As impressive as Schexnayder's accomplishments are on the track, he has been just as successful off the track. He is certified at Level I, II and III, in addition to owning a Master Coach Designation from USA Track and Field. Schexnayder also serves as Chair of the Jumps program of USA Track and Field Coaching Education, and is the former national chair of USATF's Coaching Education Committee and Biomechanics Subcommittee. Schexnayder has lectured nationally and internationally on jumps, combined events and speed/power training programs, as well as authored several publications covering these topics.

The Vacherie, La., native earned both his bachelor's and master's degrees at Nicholls State University. He graduated cum laude with a B.S. in physical education in 1983 and later added a master's degree in administration and supervision in 1988, also earning cum laude honors.

THE SCHEXNAYDER FILE

Coaching Experience

LSU	• Assistant Track and Field Coach	1995-Present
Southwestern Louisiana	• Assistant Track and Field Coach	1993-95
Blinn (Texas) JC	• Assistant Track and Field Coach	1991-92
St. James (La.) HS	• Track & Field and Cross Country Coach	1984-91

Records and Achievements at LSU

- 1 World Champion
- 1 Olympic Silver Medalist
- 7 Olympians
- 10 Individual NCAA Champions have won 19 NCAA titles
- 57 All-Americans
- 17 Individual SEC Champions have won 42 SEC titles
- Has coached athletes to 11 current LSU records

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John Woosley

Assistant Coach • Third Season • LSU, 1997



John Woosley begins his third season as an assistant at LSU under head coach Dennis Shaver where he oversees both the men's and women's throwing events.

Woosley began his coaching career in 1997 upon his graduation from LSU when he began working with several of the nation's top javelin throwers, a list that includes former American record holder Tom Pukstys and former LSU standout Delyle Woods. He coached each of these athletes to top finishes at the 1999 and 2001 USATF Championships and the 2000 Olympic Trials.

At the collegiate level, Woosley has served as a volunteer throws coach at both LSU and UL-Lafayette. In addition, he has been the assistant director of the Louisiana Throws Camp since 1997, offering technical and training instruction to high school throwers and track coaches around the state.

In just his first full season at LSU in 2005, Woosley guided the efforts of All-SEC javelin performer Amanda Harmata, while helping five others to appearances at the NCAA Regional Championships. Last year, he coached Rabun Fox and Ricky Jean-Francois to their first career All-SEC honors and saw four of his athletes compete at the NCAA Mideast Regional Championships.

An accomplished athlete in his own right, Woosley was a three-year letterwinner for the Tigers where he specialized in the hammer and the weight throw, events in which he still ranks third and sixth, respectively, on LSU's all-time lists. Also a two-time Academic All-SEC selection, Woosley was a four-time recipient of LSU's Athletic Director's Cup.

A native of Baton Rouge, Woosley completed his bachelor's degree in kinesiology in 1997 and has earned a pair of master's degrees from LSU in motor behavior and information systems and decision sciences (ISDS).

THE WOOSLEY FILE

Coaching Experience

LSU	Assistant Track and Field Coach	2004-Present
UL-Lafayette	Volunteer Track and Field Coach	1998-2002
LSU	Volunteer Track and Field Coach	1998-2001

Athletic Experience

- Three-year letterwinner at LSU.
- Specialized in the hammer and weight throw, events in which he is still ranked third and sixth respectively on LSU's all-time lists.

Records and Achievements at LSU

- 8 NCAA Regional qualifiers in seven different events
- 3 All-SEC performers





Marvin Gibson

Assistant Coach • Second Season • LSU, 1996

Marvin Gibson enters his second season as an assistant coach on the LSU staff where he is responsible for not only recruiting the nation's premier athletes, but also working with one of the nation's elite men's sprints and hurdles groups. This group flourished under Gibson's tutelage a season ago as a total of seven athletes claimed individual national titles and eight earned All-America honors in 2006.

Gibson was instrumental in the development of former LSU standout Xavier Carter, who became the first athlete since Jesse Owens in 1935 and 1936 to capture four national titles at a single NCAA Championships. Carter took top honors in the 100 meters and 400 meters, as well as the 4x100 and 4x400-meter relays at the NCAA Outdoor Championships a year ago. In fact, he became the first athlete in the 85-year history of the event to double in both the 100 meters and 400 meters. Carter posted the fastest collegiate times in three sprint races during the 2006 season, including the 100 meters (10.09), 200 meters (20.13) and 400 meters (44.53).

Gibson also worked with LSU great Kelly Willie, who finished his career as the most decorated athlete in the program's storied history with a school record-tying seven national titles and an LSU best 19 All-America honors. Willie posted outstanding times of his own while competing for the Tigers last season in the 100 meters (10.18), 200 meters (20.13) and 400 meters (44.63). Gibson again coached sophomore sensation Reggie Dardar from 47.32 in the 400 meters out of high school to a 45.88 and a third-place finish at the 2006 SEC Outdoor Championships.

National champion relay teams have been an integral part of LSU's winning tradition over the years, and Gibson played a vital role in an undefeated season for the Tigers' sprint relay teams in 2006. The men's 4x100 squad capped the 2006 season by winning a national title with a collegiate-best time and the fourth fastest time in NCAA history at 38.44. The 4x400 team also clocked the nation's fastest time last season at 3:01.58 en route to winning a national title of its own during the outdoor campaign.

Gibson was also instrumental in the record-setting performance of the 4x400-meter relay at the NCAA Outdoor Championships in 2005 as the team clocked a collegiate record 2:59.59 in winning yet another national title. The team featured four of the nation's premier 400-meter performers in Reggie Dardar (46.59), Olympic gold medalist Kelly Willie (44.24), Olympic 400-meter hurdle finalist Bennie Brazell (44.84) and Xavier Carter (43.99).

Gibson returned to his roots as a volunteer assistant in 2005 after serving five years with the LSU Officials Association. He spent six years coaching on the high school level in the East Baton Rouge Parish School System and one year in the San Antonio Independent School District. During that time, Gibson also started the Louisiana Elite and the Baton Rouge YMCA Youth Track and Field development programs where he coached numerous athletes to All-America honors at the Junior Olympics.

A native of West Palm Beach, Fla., Gibson competed for the Tigers under former head coach Pat Henry in 1994-95 following a two-year stint at Long Beach City College where he ran for head coach Ron Allice in 1992-93. Gibson graduated from LSU in 1996 with a B.S. degree in kinesiology and currently holds a USATF Level II certification in sprints/hurdles.

THE GIBSON FILE

Coaching Experience

LSU	Assistant Coach	2005-Present
	Volunteer Assistant	2004-2005
Capitol HS (La.)	Assistant Boy's Track and Field Coach	1999-2003
Louisiana Elite/YMCA	Track and Field Coach	1997-2004

Athletic Experience

- Two-year letterwinner at LSU

Records and Achievements at LSU

- 7 NCAA Champions
- 3 National Champion Relay Teams
- 8 All-Americans in six different events
- Coached Xavier Carter to four individual NCAA titles at the 2006 NCAA Outdoor Championships
- 7 Mideast Regional Champions
- 7 SEC Champions and 7 All-SEC Selections
- Has coached athletes to 5 current LSU records



Debbie Parris-Thymes

Assistant Coach • Second Season • LSU, 1995



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Former Lady Tiger standout Debbie Parris-Thymes enters her second season working as an assistant to head coach Dennis Shaver as she seeks to mold the women's sprinters and hurdlers into one of the elite groups in the nation in 2007.

Parris-Thymes brings a wealth of competitive experience and knowledge to the Lady Tiger program as she wrapped up an illustrious 11-year professional career at the IAAF World Track and Field Championships in August 2005. She turned that knowledge into immediate success in just her first season as an assistant at LSU as she coached seven Lady Tigers to individual national titles and All-America honors in 2006.

Having competed extensively at the highest level of international track and field for more than a decade, the former "Tiger of the Year" turned in numerous outstanding performances while under Shaver's watchful eye. Her professional career included appearances in two Olympic Games, six World Championships, two Commonwealth Games and two Goodwill Games among many other elite international competitions.

A specialist in the 400-meter hurdles, Parris-Thymes' resume boasts three Jamaican national titles, one Central American and Caribbean title, two Commonwealth Games silver medals, a pair of Goodwill Games silver medals, three World Championships finals appearances and two Top-10 finishes at the Olympic Games.

Her success was nurtured at the collegiate level while spending two highly successful seasons as a member of the Lady Tigers' national championship squad. An eight-time All-American, Parris-Thymes won a total of five NCAA titles, five SEC titles and was awarded the SEC Commissioner's Trophy in 1994.

A native of Trelawny, Jamaica, Parris-Thymes graduated from LSU in 1995 with a bachelor's degree in sociology. She is married to Derrick Thymes, a former member of the LSU football and track teams.

THE PARRIS-THYMES FILE

Coaching Experience

LSU

- Assistant Coach 2005-Present

Athletic Experience

- Two-time Olympian
- Six World Championships appearances
- Two-time Goodwill Games silver medalist
- Two-time Commonwealth Games silver medalist
- Three Jamaican National Titles
- One Central American and Caribbean Title
- Five-time NCAA Champion
- Eight-time NCAA All-American
- Five SEC Titles
- 1994 Recipient of the SEC Commissioner's Trophy
- Two-year letterwinner at LSU

Records and Achievements at LSU

- 5 NCAA Champions
- 2 National Champion Relay Teams
- 7 All-Americans in five different events
- 8 Mideast Regional Champions
- 4 SEC Champions and 8 All-SEC Selections



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Will Stafford
Associate SID



Jean Credit
Coordinator



Keith Thompson
Associate Athletic Director

Volunteer Assistant Coaches



Walter Davis



John Moffitt

Athletic Trainers



Rebecca Lahasky
Student



Chris Cosce
Student



Stacy Lederman
Graduate Assistant

Managers



Adam Bailey



Chris Kratzer



John Troutman



Andrea Kelly



Toni Zimbowski

not pictured:
Loren Johnson
Jeffery Schexnayder

Student Workers

